

Teacher 3000 and Facilitators Romanian P3000 Training Logistic

Here you will find the logistic information about the 2 trainings in Romania, Teacher 3000 and Certified Facilitators.



Dear future Teachers and Facilitators P3000, greetings from ROMANIA!



This material is to inform you about practical things regarding the P3000 Teachers and P3000 Facilitators Certification, **10 to 25 July 2019, Azuga, Romania**



You will be staying in Azuga, the Bucegi mountains area. Azuga is 7 km distance from Peles Castel and around 30 km distance from Bran Castel (two Castles that belong to Romanian's kings)

Azuga has its own train station. Beside are the Henri Coanda Airport, in Bucharest (122 km far from Azuga) and Brasov Train Station (29 km far from Azuga)

The Villa where the training will take place is next to the forest. The villa has 4 double rooms with its one bathroom and one apartment (three beds, that share the same bathroom). Also the villa has its own kitchen fully equipped. Also the villa has its own heating central, so we can adjust the inside temperature accordingly. And a terrace with a beautiful mountain view. Accommodation will be given in order of registration., 11 beds. Additional lodging then will be in town.



Practical Information

 In July there are sunny days (between 22 C to 28 C) but cold evenings/nights (between 7C to 12C).

AZUGA VILLA PICTURE



 Please, send me your details about:

- ✓ **FULL NAME**
- ✓ **WHATSAPP NUMBER**
- ✓ **PLACE and TIME OF ARRIVAL and DEPARTURE**
- ✓ **SPECIAL DIETARY RESTRICTIONS**

 Upon request we can offer transfer from/ to Bucharest Airport to Azuga – training location.

 Or we can offer transfer from/to Brasov Train Station- to Azuga training location



Below, you will find a list of WHAT TO BRING during your stay.

- ✓ Trekking shoes
- ✓ A raincoat (during the summer, there are short but heavy rains)
- ✓ Sunglasses
- ✓ Solar cream
- ✓ A hat
- ✓ Your own water bottle
- ✓ A small backpack for trips in the nature
- ✓ Your own towels if you want (The villa offer also towels and bedsheets)
- ✓ Comfortable clothes for everyday activities
- ✓ A sweater and a pair of long trousers for evenings events/activities
- ✓ Your own toilet kit shampoo, soap, tooth paste, etc.
- ✓ A notebook
- ✓ A wrist-watch
- ✓ Your own alarm clock
- ✓ Socket Adapter (for 220V)
- ✓ □An 8 gigabyte flash drive

For Facilitators, only:



Get ready with your 7 minutes' presentation, in which you will be telling about yourself, your passions, your background, your projects, etc. etc. It can be with videos, pictures, activities...be creative!



REMEMBER

That during the training, **Internet access will NOT be guarantee**. Please, advise your family and friends that there will be little internet connection.



For anything else, get in touch with me either via email or on my personal phone number.

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<p>Sphinx at Bucegi Mountains A very famous spot for its energetical properties</p>	<p>Bucegi Mountains</p>
	

Welcome